# Model List of Essential Medicines

## Acetylsalicylic acid

| Section | Indications |
| --- | --- |
| Non-opioids and non-steroidal anti-inflammatory medicines (NSAIMs)<br>Oral > Solid: 100 to 500 mg<br>Local > Rectal > Suppository: 50 to 150 mg | Pain |

## Amitriptyline

| Section | Indications |
| --- | --- |
| Medicines for other common symptoms in palliative care<br>Oral > Solid: 25 mg; 10 mg; 75 mg | Palliative care |

## Codeine

| Section | Indications |
| --- | --- |
| Opioid analgesics<br>Oral > Solid: 30 mg tablet (codeine phosphate) | Pain |

## Cyclizine

| Section | Indications |
| --- | --- |
| Medicines for other common symptoms in palliative care<br>Oral > Solid: 50 mg tablet<br>Parenteral > General injections > unspecified: 50 mg per mL | Palliative care |

## Dexamethasone

| Section | Indications |
| --- | --- |
| Medicines for other common symptoms in palliative care<br>Oral > Liquid: 2 mg per 5 mL<br>Oral > Solid: 2 mg; 4 mg<br>Parenteral > General injections > unspecified: 4 mg per mL in 1 mL ampoule (as disodium phosphate salt) | Palliative care |

## Diazepam

| Section | Indications |
| --- | --- |
| Medicines for other common symptoms in palliative care<br>Oral > Liquid: 2 mg per 5 mL<br>Oral > Solid: 5 mg; 10 mg<br>Local > Rectal > Gel: 5 mg per mL in 0.5 mL rectal delivery system; 5 mg per mL in 2 mL rectal delivery system; 5 mg per mL in 4 mL rectal delivery system<br>Local > Rectal > Solution: 2 mg per mL in 1.25 mL rectal tube; 2 mg per mL in 2.5 mL rectal tube; 4 mg per mL in 2.5 mL rectal tube<br>Parenteral > General injections > unspecified: 5 mg per mL | Palliative care |

## Docusate sodium

| Section | Indications |
| --- | --- |
| Medicines for other common symptoms in palliative care<br>Oral > Liquid: 50 mg per 5 mL oral liquid<br>Oral > Solid: 100 mg capsule | Palliative care |

## Dolasetron

| Section | Indications |
| --- | --- |
| Medicines for other common symptoms in palliative care | Therapeutic equivalent to ondansetron for<br>Palliative care |

## Fentanyl

| Section | Indications |
| --- | --- |
| Opioid analgesics<br>Local > Topical > Transdermal patch: 12 µg/hour; 25 µg/hour; 50 µg/hour; 75 µg/hour; 100 µg/hour<br>Oral > Solid: 100 to 800 µg sub-lingual tablet (as citrate); 200 to 1600 µg lozenge (as citrate)<br>Oral > Other: 200 to 1200 µg buccal film (as citrate) | Chronic cancer pain<br>Other specified chronic cancer related pain |

## Fluoxetine

| Section | Indications |
| --- | --- |
| Medicines for other common symptoms in palliative care<br>Oral > Solid: 20 mg (as hydrochloride) | Palliative care |

## Gabapentin

| Section | Indications |
| --- | --- |
| Non-opioids and non-steroidal anti-inflammatory medicines (NSAIMs)<br>Oral > Solid: 100 mg; 200 mg; 300 mg; 400 mg; 600 mg; 800 mg | Neuropathic pain |

## Granisetron

| Section | Indications |
| --- | --- |
| Medicines for other common symptoms in palliative care | Therapeutic equivalent to ondansetron for<br>Palliative care |

## Haloperidol

| Section | Indications |
| --- | --- |
| Medicines for other common symptoms in palliative care<br>Oral > Liquid: 2 mg per mL<br>Oral > Solid: 0.5 mg; 2 mg; 5 mg<br>Parenteral > General injections > unspecified: 5 mg per mL in 1-mL ampoule | Palliative care |

## Hydromorphone

| Section | Indications |
| --- | --- |
| Opioid analgesics | Therapeutic equivalent to morphine for<br>Pain |

## Hyoscine butylbromide

| Section | Indications |
| --- | --- |
| Medicines for other common symptoms in palliative care<br>Parenteral > General injections > unspecified: 20 mg per mL injection | Palliative care |

## Hyoscine hydrobromide

| Section | Indications |
| --- | --- |
| Medicines for other common symptoms in palliative care<br>Local > Topical > Transdermal patch: 1 mg per 72 hours transdermal patch<br>Parenteral > General injections > unspecified: 400 µg per mL injection; 600 µg per mL injection | Palliative care |

## Ibuprofen

| Section | Indications |
| --- | --- |
| Non-opioids and non-steroidal anti-inflammatory medicines (NSAIMs)<br>Oral > Liquid: 200 mg per 5 mL; 100 mg per 5 mL<br>Oral > Solid > tablet: 200 mg; 400 mg; 600 mg | Pain |

## Lactulose

| Section | Indications |
| --- | --- |
| Medicines for other common symptoms in palliative care<br>Oral > Liquid: 3.1 to 3.7 g per 5 mL oral liquid | Palliative care |

## Loperamide

| Section | Indications |
| --- | --- |
| Medicines for other common symptoms in palliative care<br>Oral > Solid: 2 mg solid oral dosage form | Palliative care |

## Methadone

| Section | Indications |
| --- | --- |
| Opioid analgesics<br>Oral > Liquid: 5 mg per 5 mL (methadone hydrochloride); 10 mg per 5 mL (methadone hydrochloride); 5 mg per mL concentrate for oral liquid (methadone hydrochloride); 10 mg per mL concentrate for oral liquid (methadone hydrochloride)<br>Oral > Solid: 5 mg (methadone hydrochloride); 10 mg (methadone hydrochloride) | Chronic cancer pain |

## Metoclopramide

| Section | Indications |
| --- | --- |
| Medicines for other common symptoms in palliative care<br>Oral > Liquid: 5 mg per 5 mL<br>Oral > Solid: 10 mg (hydrochloride)<br>Parenteral > General injections > unspecified: 5 mg per mL in 2 mL ampoule (hydrochloride) | Palliative care |

## Midazolam

| Section | Indications |
| --- | --- |
| Medicines for other common symptoms in palliative care<br>Oral > Liquid: 2 mg per mL oral liquid<br>Oral > Solid: 7.5 mg solid oral dosage form; 15 mg solid oral dosage form<br>Parenteral > General injections > unspecified: 1 mg per mL injection; 5 mg per mL injection | Palliative care |

## Morphine

| Section | Indications |
| --- | --- |
| Opioid analgesics<br>Oral > Liquid: 10 mg per 5 mL (morphine hydrochloride or morphine sulfate)<br>Oral > Solid: 10 mg immediate release (morphine sulfate); 10 to 200 mg slow release (morphine hydrochloride or morphine sulfate)<br>Oral > Other: 20 to 200 mg slow release granules to mix with water (morphine sulfate)<br>Parenteral > General injections > unspecified: 10 mg in 1 mL ampoule (morphine hydrochloride or morphine sulfate) | Pain |

## Ondansetron

| Section | Indications |
| --- | --- |
| Medicines for other common symptoms in palliative care<br>Parenteral > General injections > IV: 2 mg per mL in 2 mL ampoule (ondansetron base, as hydrochloride)<br>Oral > Liquid: 4 mg per 5 mL (ondansetron base)<br>Oral > Solid: 4 mg (ondansetron base); 8 mg (ondansetron base) | Palliative care |

## Oxycodone

| Section | Indications |
| --- | --- |
| Opioid analgesics | Therapeutic equivalent to morphine for<br>Pain |

## Palonosetron

| Section | Indications |
| --- | --- |
| Medicines for other common symptoms in palliative care | Therapeutic equivalent to ondansetron for<br>Palliative care |

## Paracetamol (acetaminophen)

| Section | Indications |
| --- | --- |
| Non-opioids and non-steroidal anti-inflammatory medicines (NSAIMs)<br>Oral > Liquid: 125 mg per 5 mL; 120 mg per 5 mL; 250 mg per 5 mL<br>Local > Rectal > Suppository: 100 mg; 250 mg<br>Oral > Solid > dispersible tablet: 100 mg; 250 mg<br>Oral > Solid > tablet: 250 mg; 325 mg; 500 mg | Pain |

## Senna

| Section | Indications |
| --- | --- |
| Medicines for other common symptoms in palliative care<br>Oral > Liquid: 7.5 mg per 5 mL oral liquid | Palliative care |

## Tramadol

| Section | Indications |
| --- | --- |
| Opioid analgesics<br>Oral > Liquid: 100 mg per mL (hydrochloride)<br>Oral > Solid: 50 mg (hydrochloride) immediate release; 50 mg (hydrochloride) controlled release; 100 mg (hydrochloride) controlled release; 150 mg (hydrochloride) controlled release; 200 mg (hydrochloride) controlled release; 300 mg (hydrochloride) controlled release; 400 mg (hydrochloride) controlled release<br>Parenteral > General injections > unspecified: 50 mg per mL in 2 mL ampoule (hydrochloride) | Chronic cancer pain |

## Tropisetron

| Section | Indications |
| --- | --- |
| Medicines for other common symptoms in palliative care | Therapeutic equivalent to ondansetron for<br>Palliative care |