Model List of Essential Medicines

Multiple micronutrient powder

Section	Indications
Vitamins and minerals ◦ Sachets containing: ◦ - iron (elemental) 12.5 mg (as coated ferrous fumarate) ◦ - zinc (elemental) 5 mg ◦ - vitamin A 300 micrograms ◦ - with or without other micronutrients at recommended daily values	Iron deficiency anaemia

Multiple micronutrient supplement

Section	Indications
Other medicines administered to the mother ◦ Tablet containing: ◦ Vit A: 800 mcg retinol activity equivalent ◦ Vit C: 70 mg ◦ Vit D: 5 mcg (200 IU) ◦ Vit E: 10 mg alpha tocopherol equivalent ◦ Vit B1: 1.4 mg ◦ Vit B2: 1.4 mg ◦ Vit B3: 18 mg niacin equivalent ◦ Vit B6: 1.9 mg ◦ Folic acid: 400 mcg ◦ Vit B12: 2.6 mcg ◦ Iron: 30 mg ◦ Iodine: 150 mcg ◦ Zinc: 15 mg ◦ Selenium: 65 mcg ◦ Copper: 2 mg	Maternal care for other specified conditions predominantly related to pregnancy