Oral rehydration salts

EMLc | ATC codes: A07CA

Indication	Diarrhoea ICD11 code: ME05.1
Medicine type	Chemical agent
List type	Core
Additional notes	Trisodium citrate dihydrate may be replaced by sodium hydrogen carbonate (sodium bicarbonate) 2.5 g/L. However, as the stability of the latter formulation is very poor under tropical conditions, it is recommended only when manufactured for immediate use.
Formulations	Powder for dilution in 200 mL, 500 mL, 1 L: - glucose 75 mEq or mmol/L - sodium 75 mEq or mmol/L - chloride 65 mEq or mmol/L - potassium 20 mEq or mmol/L - citrate 10 mEq or mmol/L - osmolarity 245 mOsm/L - glucose 13.5 g/L - sodium chloride 2.6 g/L - potassium chloride 1.5 g/L - trisodium citrate dihydrate 2.9 g/L
EML status history	First added in 1977 (TRS 615) Changed in 1984 (TRS 722) Changed in 2003 (TRS 920) Changed in 2007 (TRS 950) Changed in 2025 (TRS 1064)
Sex	All
Age	Also recommended for children
Therapeutic alternatives	The recommendation is for this specific medicine
Patent information	Patents have expired in most jurisdictions Read more about patents.
Wikipedia	Oral rehydration salts

Summary of evidence and Expert Committee recommendations

Following the review of the age-appropriateness of formulations for children, the Expert Committee recommended:

- to modify the formulation description to better describe the available dosage forms.