The Expert Committee recommended the inclusion of a new strength formulation of ferrous salt + folic acid (60 mg elemental iron + 2.8 mg folic acid) on the core list of the EML as a weekly-administered supplement for prevention of anaemia in menstruating women and adolescent girls, and for reducing the risk of neural tube defect-affected pregnancies. The Committee noted that weekly intermittent supplementation with this formulation was associated with similar outcomes as daily iron and folic acid supplementation and is likely to be associated with advantages in terms of adherence. The Committee also noted that weekly iron and folic acid supplementation is recommended in multiple WHO guidelines.