Budesonide

Section: 28. Ear, nose and throat medicines [c]

EMLc | ATC codes: R01AD05

Indication	Allergic rhinitis ICD11 code: CA08.0Z
INN	Budesonide
Medicine type	Chemical agent
List type	Core
Formulations	**Local > Nasal > Spray:** 32 µg per actuation (EMLc) ; 64 µg per actuation (EMLc)
EML status history	First added in 2009 (TRS 958) Changed in 2021 (TRS 1035) Changed in 2025 (TRS 1064)
Sex	All
Age	Children (1 month - 12 years)
Therapeutic alternatives	Medicines within the same pharmacological class can be used
Therapeutic alternatives limitations for EMLc	Therapeutic alternatives to be reviewed
Patent information	Patents have expired in most jurisdictions Read more about patents.
Wikipedia	Budesonide
DrugBank	Budesonide

Summary of evidence and Expert Committee recommendations

Following the review of of the age-appropriateness of formulations of essential medicines for children, the Expert Committee recommended the strength of budesonide nasal spray be updated to reflect the available product strengths. The Committee also recommended the listing description be changed from 'per dose' to 'per actuation' as the administered dose may comprise more than one actuation (spray).