





ATC codes: [B03AA07](#) [B03AA02](#) [B03BB01](#)

Indication	Nutritional anaemias complicating pregnancy, childbirth and the puerperium ICD11 code: JB64.06
Medicine type	Chemical agent
List type	Core nutritional supplement for use during pregnancy
Formulations	Oral > Solid: 60 mg iron + 400 µg tablet
EML status history	First added in 1982 (TRS 685) Changed in 1984 (TRS 722) Changed in 1987 (TRS 770) Changed in 1997 (TRS 882)
Sex	All
Age	Adolescents and adults
Therapeutic equivalence	The recommendation is for this specific medicine
Patent information	Patents have expired in most jurisdictions Read more about patents . 
Wikipedia	Ferrous salt + folic acid 
DrugBank	Ferrous salt (Ferrous sulfate)  , Folic acid 

Summary of evidence and Expert Committee recommendations

The folic acid content of the ferrous salt + folic acid combination tablets was increased from 250 µg to 400 µg since evidence has shown that the 400 µg preparation was more effective in meeting the folate requirements of women of childbearing age, thereby reducing the incidence of neural tube defects.

